

Illinois Wesleyan Women's Outdoor Track 2019 Season Bests



TEAM RESULTS

March 29	WashU Distance Carnival	No team scores recorded
March 30	Knox College Open	1 st place (of 5 teams)
April 6	DePauw Invitational	1 st place (of 9 teams)
April 13	Greenville Select Meet	7 th place (of 13 teams)
April 20	Dewey Allgood Invitational	No team scores recorded
April 27	Illinois College Invitational	4 th place (of 14 teams)
May 4	CCIW Outdoor Championships	3 rd place (of 9 teams)
May 9-10	North Central Dr. Keeler Invitational	No team scores recorded
May 16	Augustana Twilight Qualifier	No team scores recorded

SCHOOL RECORDS SET THIS SEASON

100 Meter Dash

IWU Record: Amanda LaRocca	11.77	2010
Rachel Osoba (Naperville, Ill. / Neuqua Valley HS)	12.87	Dewey, 4/20/19
Becca Anderson (Clinton, Ill. / Clinton HS)	13.23	Greenville, 4/13/19
Jorri Sandage (LeRoy, Ill. / LeRoy HS)	13.33	CCIW, 5/4/19
Nia Lee (Romeoville, Ill. / Romeoville HS)	13.56	Dewey, 4/20/19
Kelsey Wyman (Monmouth, Ill. / Monmouth-Roseville HS)	13.57	Greenville, 4/13/19
Emma Helferich (Monticello, Ill. / Monticello HS)	13.69	DePauw, 4/6/19
Davida Boron (Country Club Hills, Ill. / Rich Central HS)	13.72	Greenville, 4/13/19
Jordan Jumper (Danvers, Ill. / Stanford Olympia HS)	13.74	Dewey, 4/20/19
Queen Igomu (Nigeria, West Africa)	14.01	CCIW, 5/4/19
Shakira Gonzalez (Gretna, La. / Helen Cox HS)	15.51	DePauw, 4/6/19

200 Meter Dash

IWU Record: Amanda LaRocca	24.02	2010
Jessica Franklin (Mahomet, Ill. / Mahomet-Seymour HS)	26.33	Illinois College, 4/27/19
Davida Boron (Country Club Hills, Ill. / Rich Central HS)	27.16	Illinois College, 4/27/19
Cora Wilkinson (Verona, Ill. / Seneca HS)	27.32	Greenville, 4/13/19
Jorri Sandage (LeRoy, Ill. / LeRoy HS)	27.39	CCIW, 5/4/19
Becca Anderson (Clinton, Ill. / Clinton HS)	27.44	DePauw, 4/6/19
Kelsey Wyman (Monmouth, Ill. / Monmouth-Roseville HS)	28.00	DePauw, 4/6/19
Queen Igomu (Nigeria, West Africa)	28.90	CCIW, 5/4/19
Jordan Jumper (Danvers, Ill. / Stanford Olympia HS)	29.19	Knox, 3/30/19
Emily Asselmeier (Glen Ellyn, Ill. / Glenbard West HS)	30.87	DePauw, 4/6/19
Shakira Gonzalez (Gretna, La. / Helen Cox HS)	31.62	DePauw, 4/6/19

400 Meter Dash

IWU Record: Rachel Anderson	54.35	2008
Jessica Franklin (Mahomet, Ill. / Mahomet-Seymour HS)	58.34	Augustana, 5/16/19
Kelsey Wyman (Monmouth, Ill. / Monmouth-Roseville HS)	1:00.07	Illinois College, 4/27/19
Becca Anderson (Clinton, Ill. / Clinton HS)	1:01.44	Illinois College, 4/27/19

800 Meter Run

IWU Record: Tara Clemens	2:06.60	2013
Jenna Mirande (Peoria, Ill. / Limestone HS)	2:29.49	DePauw, 4/6/19
Rachel Budd (Cedarburg, Wis. / Cedarburg HS)	2:34.48	DePauw, 4/6/19
Breanna Metry (Naperville, Ill. / Neuqua Valley HS)	2:39.10	Illinois College, 4/27/19
Jackie Dziewior (Hanover Park, Ill. / Glenbard North HS)	2:42.83	DePauw, 4/6/19
Katie Vogler (Quincy, Ill. / Quincy HS)	2:46.94	Knox, 3/30/19

Madi Walter (Troy, Ill. / Triad HS)	2:58.84	Knox, 3/30/19
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1000 Meter Run

IWU Record: Tara Clemens	4:30.52	2012
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1500 Meter Run

IWU Record: Tara Clemens	4:32.01	2013
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Jenna Mirande (Peoria, Ill. / Limestone HS)	4:54.27	Dewey, 4/20/19
Cecelia Galvan (Chicago, Ill. / Marist HS)	4:56.14	Dewey, 4/20/19
Rachel Budd (Cedarburg, Wis. / Cedarburg HS)	4:59.23	CCIW, 5/4/19
Allison Schrader (Hoffman Estates, Ill. / Hoffman Estates HS)	5:26.94	Knox, 3/30/19
Jackie Dziewior (Hanover Park, Ill. / Glenbard North HS)	5:39.83	Greenville, 4/13/19
Madi Walter (Troy, Ill. / Triad HS)	6:00.48	Greenville, 4/13/19

1 Mile Run

3000 Meter Run

IWU Record: Kerry Devitt	10:15.62	2009
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5000 Meter Run

IWU Record: Erin McCarey	17:20.38	2016
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Jillian Cole (Springfield, Ill. / Springfield HS)	18:27.96	CCIW, 5/4/19
Cecelia Galvan (Chicago, Ill. / Marist HS)	18:29.21	Greenville, 4/13/19
Katie North (Aurora, Ill. / Metea Valley HS)	18:29.50	North Central, 5/9/19
Lexie Dorsey (Mahomet, Ill. / Mahomet-Seymour HS)	19:10.22	Greenville, 4/13/19
Rachel Schoenecker (Glen Carbon, Ill. / Edwardsville HS)	20:22.25	Dewey, 4/20/19

10000 Meter Run

IWU Record: Erin McCarey	36:01.82	2016
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Jillian Cole (Springfield, Ill. / Springfield HS)	36:42.62	CCIW, 5/4/19
Katie North (Aurora, Ill. / Metea Valley HS)	38:24.38	CCIW, 5/4/19

100 Meter Hurdles

IWU Record: Amanda LaRocca	14.08	2010
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Jessica Franklin (Mahomet, Ill. / Mahomet-Seymour HS)	15.24	DePauw, 4/6/19
Jordan Jumper (Danvers, Ill. / Stanford Olympia HS)	15.62	Augustana, 5/16/19
Katie Vogler (Quincy, Ill. / Quincy HS)	20.00	DePauw, 4/6/19

400 Meter Hurdles

IWU Record: Allie Boudreau	1:02.16	2014
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Jessica Franklin (Mahomet, Ill. / Mahomet-Seymour HS)	1:02.27	DePauw, 4/6/19
Kelsey Wyman (Monmouth, Ill. / Monmouth-Roseville HS)	1:03.90	Augustana, 5/16/19
Katie Vogler (Quincy, Ill. / Quincy HS)	1:13.64	CCIW, 5/4/19
Emily Asselmeier (Glen Ellyn, Ill. / Glenbard West HS)	1:18.34	Illinois College, 4/27/19

3000 Meter Steeplechase

IWU Record: Melinda Sprague	10:46.56	2006
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Cecelia Galvan (Chicago, Ill. / Marist HS)	11:49.96	CCIW, 5/4/19
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4x100 Meter Relay

IWU Record: McCoy, LaRocca, Alpert, Thomas	46.07	2010
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Becca Anderson (Clinton, Ill. / Clinton HS)	50.40	CCIW, 5/4/19
Rachel Osoba (Naperville, Ill. / Neuqua Valley HS)		
Kelsey Wyman (Monmouth, Ill. / Monmouth-Roseville HS)		
Davida Boron (Country Club Hills, Ill. / Rich Central HS)		
Becca Anderson (Clinton, Ill. / Clinton HS)	50.45	DePauw, 4/6/19
Rachel Osoba (Naperville, Ill. / Neuqua Valley HS)		
Kelsey Wyman (Monmouth, Ill. / Monmouth-Roseville HS)		

Jessica Franklin (Mahomet, Ill. / Mahomet-Seymour HS)		
Becca Anderson (Clinton, Ill. / Clinton HS)	50.45	Illinois College, 4/27/19
Rachel Osoba (Naperville, Ill. / Neuqua Valley HS)		
Dauida Boron (Country Club Hills, Ill. / Rich Central HS)		
Nia Lee (Romeoville, Ill. / Romeoville HS)		

4x200 Meter Relay

IWU Record: Loynachan, Boudreau, Eskew, Bernardoni **1:41.77** **2012**

4x400 Meter Relay

IWU Record: Rawlins, Dionne, O'Rourke, Taylor **3:44.16** **2003**

Becca Anderson (Clinton, Ill. / Clinton HS)	4:05.92	DePauw, 4/6/19
Rachel Osoba (Naperville, Ill. / Neuqua Valley HS)		
Kelsey Wyman (Monmouth, Ill. / Monmouth-Roseville HS)		
Jessica Franklin (Mahomet, Ill. / Mahomet-Seymour HS)		
Dauida Boron (Country Club Hills, Ill. / Rich Central HS)	4:39.04	Knox, 3/30/19
Katie Vogler (Quincy, Ill. / Quincy HS)		
Jenna Mirande (Peoria, Ill. / Limestone HS)		
Rebecca Kelly (St. Charles, Ill. / St. Charles East HS)		

4x800 Meter Relay

IWU Record: Fisher, Duckwitz, Heilengoetter, Devitt **9:28.385** **2008**

High Jump

IWU Record: Molly McGraw **5' 9 ¾"** **CCIW, 2017**

Jessica Franklin (Mahomet, Ill. / Mahomet-Seymour HS)	4' 9 ¾"	Knox, 3/30/19
Katie Vogler (Quincy, Ill. / Quincy HS)	4' 4"	Knox, 3/30/19

Pole Vault

IWU Record: Jamie Gradishar **12' 7 ½"** **2015**

Tamara Snevely (Joliet, Ill. / Joliet Central HS)	9' 9"	Illinois College, 4/27/19
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Long Jump

IWU Record: Amelia Glueck **19' 10 ¼"** **NCAA, 2018**

Nia Lee (Romeoville, Ill. / Romeoville HS)	18' 7 ¼"	Augustana, 5/16/19
Rachel Osoba (Naperville, Ill. / Neuqua Valley HS)	17' 5 ½"	Augustana, 5/16/19
Cora Wilkinson (Verona, Ill. / Seneca Township HS)	17' 5 ½"	Augustana, 5/16/19
Emma Helferich (Monticello, Ill. / Monticello HS)	17' 3 ¼"	Augustana, 5/16/19
Jessica Franklin (Mahomet, Ill. / Mahomet-Seymour HS)	16' 10 ¾"	Augustana, 5/16/19
Katie Vogler (Quincy, Ill. / Quincy HS)	14' 5 ¼"	Knox, 3/30/19

Triple Jump

IWU Record: Jill Harmon **40' 9 ¾"** **NCAA, 2016**

Rachel Osoba (Naperville, Ill. / Neuqua Valley HS)	35' 1 ¼"	CCIW, 5/4/19
Nia Lee (Romeoville, Ill. / Romeoville HS)	35' 1 ¾"	Dewey, 4/20/19
Katie Vogler (Quincy, Ill. / Quincy HS)	33' 10 ½"	Dewey, 4/20/19
Emma Helferich (Monticello, Ill. / Monticello HS)	32' 2"	DePauw, 4/6/19

Shot Put

IWU Record: Karly Goodman **45' 10 ½"** **2018**

Ayana Blair (Wheeling, Ill. / Wheeling HS)	43' 9"	CCIW, 5/4/19
Angela Roman (Mt. Prospect, Ill. / Prospect HS)	39' 11 ½"	Greenville, 4/13/19
Jessica Franklin (Mahomet, Ill. / Mahomet-Seymour HS)	34' 9 ½"	Illinois College, 4/27/19
Gia Joyce (Elgin, Ill. / Elgin Academy)	29' 7 ¼"	Greenville, 4/13/19
Yesenia Martinez (Chicago, Ill. / Curi Metro HS)	25' 8 ¼"	Illinois College, 4/27/19

Discus

IWU Record: Shelby Jackson **146' 10"** **2011**

Ayana Blair (Wheeling, Ill. / Wheeling HS)	137' 10"	Augustana, 5/16/19
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Javelin Throw**IWU Record: Karly Goodman**

Sydni McStravick (Encinitas, Calif. / La Costa Canyon HS)
Jessica Franklin (Mahomet, Ill. / Mahomet-Seymour HS)
Yesenia Martinez (Chicago, Ill. / Curi Metro HS)
Breanna Metry (Naperville, Ill. / Neuqua Valley HS)
Katie Vogler (Quincy, Ill. / Quincy HS)

144' 0"

104' 10"

100' 6"

82' 4"

58'

54'

NCAA, 2018

Dewey, 4/20/19

DePauw, 4/6/19

CCIW, 5/4/19

Greenville, 4/13/19

DePauw, 4/6/19

Hammer Throw**IWU Record: Karly Goodman**

Angela Roman (Mt. Prospect, Ill. / Prospect HS)
Ayana Blair (Wheeling, Ill. / Wheeling HS)
Yesenia Martinez (Chicago, Ill. / Curi Metro HS)

175' 7"

150' 9"

150' 6"

92' 8"

2018

Greenville, 4/13/19

Illinois College, 4/27/19

Greenville, 4/13/19

Heptathlon**IWU Record: Allie Boudreau**

Jessica Franklin (Mahomet, Ill. / Mahomet-Seymour HS)

5065 pts.

4738 pts.

2015

CCIW, 5/4/19

Last Updated: May 20, 2019 by Michaela Guthrie